



Preventing yoga injuries neck and shoulders

with
Marie Gaboriau

When:

Saturday 7th of July
11:30am - 1:30pm

Where:

Yoga Loft
Level 5, 50 Hunter st,
Newcastle

Cost:

\$50 on the day
\$45 pre pay

for more info
www.awisehand.com.au
www.yogaloft.com.au